

## ARTcoWORKers short term training trainer

### Agenda 04.-08.04.2022

**Address: Hotel “Park” Skopje. Republic of North Macedonia**

#### Monday, 4<sup>th</sup> of April 2022

| Time  | Topic   | Responsible        |
|-------|---|--------------------|
|       | Individual arrival and check-inn in Hotel “Park       |                    |
|       | Presenting the city for the Dutch partner             | Shadows and Clouds |
| 20.00 | Common Dinner with Dutch and Mecedonian Group at N.N. | Shadows and Clouds |
|       |   |                    |

#### Tuesday, 5<sup>th</sup> of April 2022

| Time          | Topic  | Responsible              |
|---------------|--|--------------------------|
| Till 9.00     | breakfast  |                          |
| 9.00 – 10.00  | Welcoming and introduction to the agenda, technical issues | Shadows and Clouds, VSBI |
| 10.00 – 11.00 | Module 1:welcoming and introduction to course training     | VitalPed                 |
| 11.00 – 11.30 | Coffee-break   |                          |
| 11.30 – 13.00 | Module 1   | Vital Ped                |
| 13.00 – 14.00 | Lunch Hotel Park   |                          |

|               |   |                    |
|---------------|---|--------------------|
| 14.00 – 17.00 | Touristic studytour                                       | Shadows and Clouds |
| 17.00 – 19.00 | Module 6.1  | Shadows and Clouds |
| 19.00         | Dinner: Place NN  | Shadows and Clouds |
| 20.00         | Evening activities or free-time and TPM of steering group | Shadows and Clouds |

### Wednesday, 6<sup>th</sup> of April 2022

| Time      | Topic                               | Responsible                  |
|-----------|-------------------------------------|------------------------------|
| Till 9.00 | breakfast                           |                              |
| 09.00     | Module 2                            | KHuF, VSBI, People First     |
| 10.30     | break                               |                              |
| 11.00     | Module 3                            | VitalPed, Shadows and Clouds |
| 12.30     | Lunch Hotel "Park"                  |                              |
| 14.30     | Module 4                            | VitalPed, VSBI               |
| 15.00     | break                               |                              |
| 15.30     | Module 5                            | People First, VSBI           |
| 17.00     | Short break                         |                              |
| 17.30     | Module 6.2.                         | Shadows and Clouds           |
| 19.00     | Dinner and visit of Shadows Theatre | Shadows and Clouds           |

### Thursday, 7<sup>th</sup> of April 2022

| Time      | Topic     | Content / Responsible |
|-----------|-----------|-----------------------|
| Till 9.00 | breakfast |                       |

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|       |  |                         |
|-------|--|-------------------------|
| 09.00 | Study tours  | Shadows and Clouds      |
| 12.30 | Lunch Hotel "Park"   |                         |
| 14.30 | Module 7   | KHuF and VitalPed       |
| 15.00 | break  |                         |
| 15.30 | Module 6.3   | Shadows and Clouds      |
| 19.00 | Dinner N.N.  |                         |
| 20.30 | Critic session, Evaluation, lessons learnt, next steps, planning the trainings | VSBI; Shadows and Cloud |

## Friday, 8<sup>th</sup> of April 2022

| Time  | Topic                                       | Content / Responsible |
|-------|---|-----------------------|
| 09.00 | Presenting the city for the German partners | Shadows and Clouds    |
|       |   |                       |
|       |   |                       |

April 7, 2022

## Skopje Mobility Training Evaluation Session Minutes

Present: all training participants.

| <b>Positive</b> | <b>feedback</b> | <b>quotes:</b>  |
|-----------------|-----------------|---|
|                 |                 | “You gave me the confidence I could be a part of a shadow play”   |
|                 |                 | “Such a good experience!”   |
|                 |                 | “Loved it very much.”   |
|                 |                 | “Easy and clear program.”   |
|                 |                 | “Didn’t have the idea where this is going” (decide whether the element of surprise is wanted and to what extent)                    |
|                 |                 | “Feeling in experience”   |
|                 |                 | “Looking forward to do it with other people”  |
|                 |                 | “Fluent symbiosis of give and take atmosphere”  |
|                 |                 | “Creative processes are not immediate, it’s more about people, their interest and passion, rather than about timing and perfection” |
|                 |                 | “Results are so perfect, I have no doubt whether it was good”   |

| <b>Constructive</b> | <b>feedback</b> | <b>quotes:</b>  |
|---------------------|-----------------|---|
|                     |                 | “Some modules work better than others”  |
|                     |                 | “Felt the issue with timing and being pressured to be good”   |
|                     |                 | “Wished to be more involving”   |
|                     |                 | “Expected to be rather more technical and more creative” (the shadow theater process)   |
|                     |                 | “Takes time to get accustomed to the methods” (which also has to do with participants' expectations. For example whether this should be a classical E+ training or something different) |

| <b>Key</b> | <b>takeaways:</b> |
|------------|-------------------|
|------------|-------------------|

Realign the Modules to start with theoretical and wrap up with practical modules.

Participants were not aligned with prior preparations, information on what they are going to experience, which resulted in a variety of expectations. Hence changing roles between a participant and a trainer had to be facilitated at times.

Better planning of the space, especially if creative processes are planned to take place in the same working room.

Better plan the dynamic and diapazone of the overall training experience, properly combine modules and content, lean towards comfort rather than distress.

Better plan and execute the variety of methods used throughout the training. This links to online and digital content.

Language barriers in terms of foreign languages and general accessibility and inclusion of the prepared content.

Improve solid moderating skills and methods in order to share the floor with the group. Time watcher, moderator. Potentially share the role of timekeeper with the.

Balance needs to be achieved between participants' expectations of the training, their abilities and the projected results.

Equally value both the process and the result in implementation of all curriculum activities.

Consider emphasizing the free flow of the performance, where only basic guidelines are given and there is much more space for creative exploration. Meanwhile make sure that expectations for professional presentation are met.

Consider the option of making a puppet rather than making a whole performance. This is a case of more independent work and does not require someone from the group taking the leadership in directing the scene.

Be more sensitive to the group dynamics and try to be assertive and engaging, rather than directive and managing.

We need to present clear connections of the activity with the topic, as all participants vary with background and prior knowledge. Always consider the question if the participant could easily follow the task.

Balance out the weight between theoretical and practical stuff. Maybe some theoretical stuff could go as a further reading element. The principle should answer “What is the theory behind something” and “How do I present it plastically”.

Prepare a clear demonstration of shadow theater for the group, adding the element of inclusion, before you give any further assignments.

Consider the following timeline when implementing the shadow theater module. Present techniques in person, form ideas with the group, watch/attend a performance, try out in the training setting or outside of it, work on the ideas and deliver them.

### **Follow up steps discussed on the TPM in Skopje:**

- To summarize the modules in smaller working groups based on feedback sessions and potential follow up feedback form.
- Relate the content more to the pandemic situation. (Maybe have it included in the topic of the performances, or having it as underlying theme in each module)
- Plan the blended mobility as follows TC => Blended Mobility => Performances.
- Include an appeal, a call to action for the public on what is important! Suggest topics for potential further tutorials to KOPFUS.
- Decide on the virtual training platform (Canva, Prezi, Miro...)

Consider making the content in easy language.





Handwritten notes on a whiteboard, including a list of items and a small diagram or flowchart.

1. ...  
2. ...  
3. ...  
4. ...  
5. ...  
6. ...  
7. ...  
8. ...  
9. ...  
10. ...

Diagram:  
A small diagram or flowchart with several boxes and arrows, possibly representing a process or a system. The text is too faint to read clearly.

























