

# Report

## **ARTcoWORKers blended mobility training**

Virtually 03.02., 10.02., 17.02. and 24.03.2023  
in presence Pécs, 25.-31.03.2023

### The basic goal

of the so-called blended mobility in this project was an international exchange of experience. We wanted to know what artists and people with disabilities, and everyone interested in the topic, think about the relationship between art and disability. It was important in the project not to invent a method over the heads of the stakeholders, but to fully involve them, building on their opinions and ideas.

The aim of blended mobility is to bring together different target groups who are familiar with or interested in the topic. During the project period, we wanted to develop a network and create live collaborations between the target groups. It was important to build this cooperation in such a way that it would remain viable and operational in the future, even after the project period.

Therefore, we built on the prelude to blended mobility, the three-day joint training in Skopje, which was implemented very successfully. We already had a 3-day blended training with artists and people with disabilities in Macedonia/Skopje, so we already had a core of people who could and want to work together.

Very quickly, different target groups, people from completely different life situations and backgrounds found each other. The truth is that they almost took control out of the hands of project management. However, this was a huge achievement, as they added much more to the original ideas with their own ideas.

We had another, 5-day, intensive blended mobility training in Pécs/Hungary in front of us, and we wanted to prepare for this in advance.

We have developed a methodology for blended mobility:

The objectives of the blended mobility:

Sharing experiences transnationally about:

1. the experiences of partners in giving trainings and lectures during the pandemic (and usually during any lockdowns)
2. connect the experiences to IO2, IO3 and IO4. Test these IO's, try them, look for their good and weak points
3. Learning:
  - the collaboration between the 2 target groups of blended mobility: people with disabilities, and people working in the art industry. That is, strengthening social inclusion.
  - learning to make our own voices heard, and to represent our interests (participants)
4. Develop the sustainability of the ARTcoWORKers project, create joint business between the two target groups
5. Additional benefits come from the blended mobility:
  - international cooperation
  - improving communication skills of participants
  - developing digital skills of participants

Facilitator: People First Association(Hungary) team.

The working group should consist of one responsible person per each partner (the project coordinator, or one Skopje-trainer)

The communication channel:

- monthly Zoom/Teams meeting
- joint closed Facebook group, or Messenger group (the participants decide at the first meeting)
- common Drive folder
- publish experiences on the website

Another important antecedent to blended mobility was a questionnaire.

In it, people with disabilities and art workers answered questions about the pandemic and other lockdowns, to find out in advance their situation and opinion.

We had two separate questionnaires, one for cultural workers and one for people with disabilities.

A summary of their results is set out in the Annex.

Blended mobility also aimed to test the important outputs created during the project

therefore, each partner held the pilot training (IO2) in its own country with the participation of around 20 people (disabled people and art workers, as well as trainers from Skopje who are teaching the training). Part of this was that each partner would develop their own short shadow theater play.

According to our plan, out of the 20 participants each partner will select 2 people to participate in regular blended mobility online meetings (people with disabilities and cultural workers).



We wanted to achieve really active work in online blended mobility meetings, so we set the following conditions for participation:

- good knowledge of English language
- have time for and attend regular meetings
- creativity, activity, dedication to project development
- commitment to cooperation in the future (after the project)

Start your online blended mobility network, we launched a virtual forum, which took the form of an open Facebook group at the very beginning of February 2023.

In this Facebook group we wanted to build collaboration between the 2 target groups (people with disabilities, art workers: not only artists, but also those who work in the field of art, and we also welcome artists with disabilities.)

Strengthening self-interest of disabled artists.

Develop the sustainability of the ARTcoWORKers project: create joint business between the two target groups, and create an international cooperative network.

Getting to know the experience to IO2 (pilot training), IO3 (shadow theater play) and IO4 (platform). Test these project outputs, piloting them, examine their good and weak points.

Blended mobility virtual/online meetings schedule and topics were determined in advance and discussed with the participants at the first meeting. The Blended mobility virtual/online meetings schedule, themes can be found in the Annex.

## Results:

We met four times online on Teams, and there were always more and more of us. At first we thought that 2 participants from each country would be enough, but the more

interested people joined, the more exciting the forum became. There are currently 29 members of the “ArtcoWORKers virtual forum” open Facebook group.

Some pictures of each meeting, a short report and topics for the day can be found in the Annex under "Facebook group".

Each time gathered about 10 people. In the Facebook group many more people participated in the communication in writing. We had to take this into account, as we have a very sensitive target group, not everyone wanted to show themselves and speak, some are more comfortable in writing.

Results of each meeting: we didn't have a boring meeting. We discussed the topics, while posts went back and forth in the Facebook group, examples, ideas, curiosities from all countries.

The participants were very happy to talk to each other, to get to know each other. Almost immediately, they also tagged each other privately on Facebook. Not only did we hear about good practices, ideas and opinions, but friendships were made. We were also surprised by this kind of openness, which is due to the “artist-soul”. This is a loose, open company.

How did it end?  
It's not over, in fact, it's just beginning!

These people then met live at the 5-day blended mobility training in Hungary and greeted each other as good acquaintances. During the five-day training and closing conference in Hungary/Pécs at the end of March 2023, the Facebook group became a kind of community space. Since then, everyone has been sharing their experiences, photos, links...

From the initial few participants, the group now has 29 international members. Virtual cooperation has become a real community, which will continue, hopefully also with realized collaborations.



Co-funded by the  
Erasmus+ Programme  
of the European Union



The Facebook group is open, anyone can join it at any time who is interested in the topics: the possibilities of connecting art and disability, unexplored areas, new business ideas. Moderation will continue to be provided by the People First Association (Hungary).

Link to the group: [ARTcoWORKers virtual forum | Facebook](#)



## ARTcoWORKers Blended Mobility Training

### Agenda

25.03.2023 – 31.03.2023

**Address: Pepita Cultural Centre  
7622 Pécs, Zsolnay Vilmos u. 12**

### Saturday, 25<sup>th</sup> of March 2023

Time	Topic	Responsible
	Individual arrival and check-in in Hotels	
20.00	Common Dinner at Nana Bistro and Bar	

### Sunday, 26<sup>th</sup> of March 2023

Time	Topic	Responsible
10.00 – 12.00	Joint downtown walk, meeting at 10.00 on Széchenyi Square next to the horse statue at the mock-up	People First
12.00 – 13.00	Lunch Szabadkikötő, Pécs, Király u. 64, 7626	
13.30 – 14.30	Introduction to the training, technical issues	People First/VSBI
14.30 – 16.00	1. Team building and cultural diversity: introduction -	VITALPED Reka
15.30 – 16.00	break	
17.00 – 18.30	2. Presentation of the implementation of the local program: Each participating country reports on the training experience. They briefly introduce their shadow play.	Shadows and Clouds/VSBI
18.30 – 19.00	Evaluation and critic session for the day	
19.30	Dinner: Corso Hotel, Pécs, Koller u. 8, 7626	

## Monday, 27<sup>th</sup> of March 2023

Time	Topic	Responsible
9.00	Common breakfast at Pepita if applicable	
10.00 – 13.00	<p>“Brummogda” Art Therapy Workshop: Everyone sews a teddy bear while we talk about art therapy and hear a lecture. Everyone can participate, the program is accessible!</p> <p>Working individually and in smaller groups – exchange of experiences during Covid time, thinking about ideas for the common shadow theatre performance</p>	People First, The workshop is led by Annamária Horváth, art therapist, story therapist, mental health professional, educator.
13.00	Lunch at Pepita	
14.00 – 15.30	Discussion of challenges and successes, experiences in the cooperation. How are the results concerning the inclusion and the rights of people with disabilities as well as the cooperation with local stakeholder?	KHuF
15.30	break	
16.30	Business collaborations: specific examples of business collaborations. Barriers and supporting factors in each country	KHuF
18.30	Short break	
18.30	Evaluation and critic session for the day	
19.00	Dinner at Nana, Pécs, Király u. 2, 7621	

## Tuesday, 28<sup>th</sup> of March 2023

Time	Topic	Content / Responsible
9.00	Common breakfast at Pepita if applicable	
10.00 -11.00	<p>Workshop concerning preparing an intercultural shadow theater play with people with special needs, disabled people</p> <p>Part: 1 How is it possible to introduce people with disabilities to art?</p>	Shadows and Clouds, People First



11.00 - 11.30	break	
11.30 - 13.00	Part 2: Empowering someone to do something they didn't even know they could do?	Shadows and Clouds, People First
13.00	Lunch Pepita	
14.00- 15.00	Continuation of the training. Theoretical and practical knowledge. Suggested topics: 1. Roles, communication 2. Critical situation management	VSBI and VitalPed
15.00 – 16.00	3. Writing the story, developing models	Shadows and Clouds
16.00	break	
16.30 – 18.30	4. Making tools 5. Performance	Shadows and Clouds, Vital Ped (Neil)
18.30	Evaluation and critic session for the day	
19.00	Dinner : Room Bistro	

### Wednesday, 29th of March 2023

Time	Topic	Content / Responsible
9.00	Common breakfast at Pepita if applicable	
10.00 -12.30	Working out a common shadow play. Showing countries' own shadow play. Further development of the topics started yesterday. Suggested topics: Role-playing games, testing the performance. Making tools. How can we involve people spontaneously?	Shadows and Clouds
12.30	Lunch Pepita	

13.30 – 15.00	Workshop – follow up ideas of ARTcoWORKers, networking, cooperation, business ideas... , using the Platform	VSBI and KHuF
15.00	break	
15.30 – 17.00	Common preparation of the conference	People First
17.00 – 19.00	Cultural program: Visiting the Zsolnay Cultural Quarter Pécs - “Hungarikum”	
19.00	Dinner : Room Bistro	

### Thursday, 30th of March 2023

Time	Topic	Content / Responsible
9.00	Final Preparation of the room for the conference	
10.00 – 16.00	Participating and Performing shadow theatre play at the conference	Shadows and Clouds
16.00	break	
16.30 – 17.30	Evaluate the mobility and the conference. Discuss how we will prepare a report for the final handbook as well as for the project website Our next steps – continuation of ARTcoWORKers	People First
17.30	Time for free communication	
20.00	Closing Dinner, Corso Hotel	

### Friday, 31<sup>st</sup> of March 2023

Time	Topic	Content / Responsible
	Individual departure	

## **Notices:**

**Meetings will be held at:**

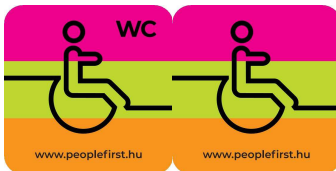
**Pepita Cultural Centre  
7622 Pécs, Zsolnay Vilmos u. 12**

## **Important data:**

Accessible locations in Pécs: Barrier-free Pécs menu and Barrier-free Database on People First's website in English:

<https://peoplefirst.hu/en/>

You can see these stickers in Pécs at the entrance of the accessible places explored by People First:



## **How can you contact us during the training?:**

Telephone/ WhatsApp: +36306621941(Veronika Pataki/PF)

Email: [info@peoplefirst.hu](mailto:info@peoplefirst.hu) or [patakiv@peoplefirst.hu](mailto:patakiv@peoplefirst.hu)

Facebook /Messenger: PeopleFirstHun

## **Emergency numbers:**

general emergency number: 112

ambulance:104

fire: 105

police: 107

**Tourinform:** <https://peoplefirst.hu/en/directory/barrier-free-pecs/tourinform-2/>

## Blended mobility virtual/online meetings Schedule, themes

### Objectives - Sharing experiences transnationally on the following topics:

1. **Collaboration between the 2 target groups** (people with disabilities, art workers)
2. **Strengthening self-interest** of disabled artists, opportunities, experiences
3. Develop the sustainability of the ARTcoWORKers project: **create joint business** between the two target groups
4. Develop the sustainability of the ARTcoWORKers project: **create an international cooperative network**
5. **Experiences to IO2** (pilot training), **IO3** (shadow theater play) and **IO4** (platform). **Test** these IO's, **piloting** them, examine their good and weak points

*Additional benefits* come from the virtual blended mobility:

- international cooperation
- improving communication skills of participants
- developing digital skills of participants

### Participants:

*2 people per partner.* Each partner decides how many trainers and trainees will participate in regular meetings.

If someone is unable to attend a meeting, it is the partner's duty to send a deputy who is prepared for the subject!

### **Conditions for choosing participants/country:**

- good knowledge of English language (The 2 participants must know English. You can continue to work in a separate team per country in your own language)
- have time for and attend *regular* meetings
- creativity, activity, dedication to project development
- commitment to cooperation in the *future* (after the project)

### Communication channels:

- **4 times** Teams meeting (organizer Veronika)
- **continuous active(!) presence:** on joint Facebook group, or Messenger group (the participants decide at the first meeting): sharing ideas, talking to each other, sending links, ideas, good practices... (FB, Messenger Groups by Veronika)
- **continuous active(!) presence:** on common Drive folder (Drive by Veronika)

- publish experiences on the website (in **Blog** menu) - (published by Veronika/Stefanie)

### Schedule:

We hold a total of **four online meetings**. Always on the same day and time so that we can keep the date in mind. In **February once a week, on working days, after working hours, about 17.00-19.00**

**First: 3. February 17.00-19.00**

#### **Topics:**

- short introduction (who represents which organization, on what topic will be responsible...)
- discussion of starting a joint FB group (closed or open group, content....), Messenger Group
- discussion of starting a joint Drive (necessary or not, what materials we share there...)
- discuss suggested dates and topics for 3 more meetings
- *Prepare for the next meeting* from the following topics.

Each country should keep a short presentation of the concrete experiences and ideas on the next meeting:

Topic.1.: collaboration between the 2 target groups

Topic 2.: strengthening self-interest, opportunities, experiences

**Second: 10. February 17.00-19.00 Topics:**

- A representative from each country will give a short thought-provoking presentation of the two topics discussed:

1.collaboration between the 2 target groups

2.strengthening self-interest, opportunities, experiences

- exchange of experience on topics
- *Prepare for the next meeting.*

Each country should keep a short presentation of the concrete experiences and ideas on the next meeting:

Topic 3.: Develop the sustainability of the ARTcoWORKers project: create joint business between the two target groups

Topic 4.: Develop the sustainability of the ARTcoWORKers project: an international cooperative network

**Third: 17. February 17.00-19.00 Topics:**

- A representative from each country will give a short thought-provoking presentation of the two topics discussed:

3. Develop the sustainability of the ARTcoWORKers project: create joint business between the two target groups

4. Develop the sustainability of the ARTcoWORKers project: an international cooperative network

- exchange of experience on topics
- *Prepare for the next meeting.*

Each country should keep a short presentation of the concrete experiences and ideas on the next meeting:

Topic 5.: experiences to IO2 (pilot training), IO3 (shadow theater play) and IO4 (platform). Test these IO's, try them, look for their good and weak points

**Fourth: 24. February 17.00-19.00 Topics:**

- A representative from each country will give a short thought-provoking presentation of the topic discussed:

Topic. 5.: experiences to IO2 (pilot training), IO3 (shadow theater play) and IO4 (platform).

Test these IO's, try them, look for their good and weak points

- **Summary** of what has been done so far.

**Preparing** for the 5-day blended mobility training in **Pécs**: develop a detailed **agenda**

**24.02.2023**

Those were us today evening in the last virtual meeting.

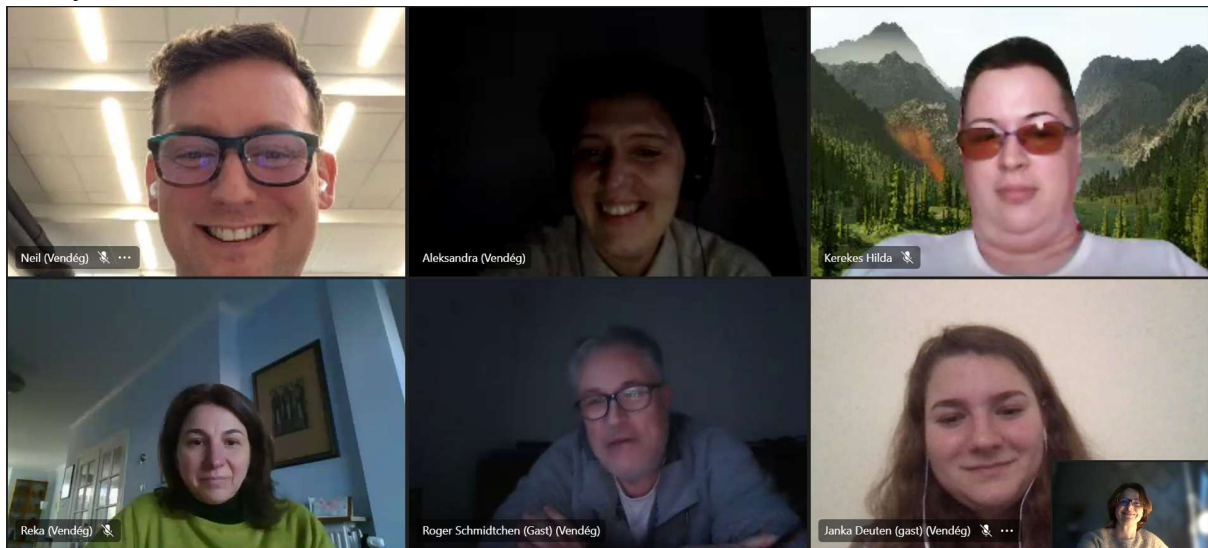
Thanks for participating! 🗨️

We discussed the Hungarian, Dutch and Macedonian pilot training experiences, and we also heard a few words about the German course.

We also tested the ARTcoWORKers Platform in Hungary, and we reported it to the others.

Finally, we thoroughly discussed the 5-day training schedule in Hungary. We have shared the tasks among partners, and talked about the venue and the technical conditions for the upcoming common shadow play.

See you soon in Pécs! 🇭🇺



Topics:

1. Experiences to IO2 (pilot training), IO3 (shadow theater play) and IO4 (platform).
2. Summary of what has been done so far.
3. Preparing for the 5-day blended mobility training in Pécs.

**17.02.2023**

Wow, that was a very lively, exciting conversation today!

Let's take a look at what came up during today's meeting:

The topic was the sustainability of the project.

Stefanie told us about the ARTcoWORKers Platform, which will be a great way to introduce and connect for artists and people with disabilities. Actually, for everyone.

<https://artcoworkers-platform.eu/>

What we talked about a lot is how to maintain this after the project? To give the two sectors the opportunity to keep in touch.

? Who will maintain it? From what money? Who is best versed professionally and artistically?

? Would it be worth asking fee to use the Platform? Should the Platform itself be an art business?

? Should we sell it or offer it to an international art organization?

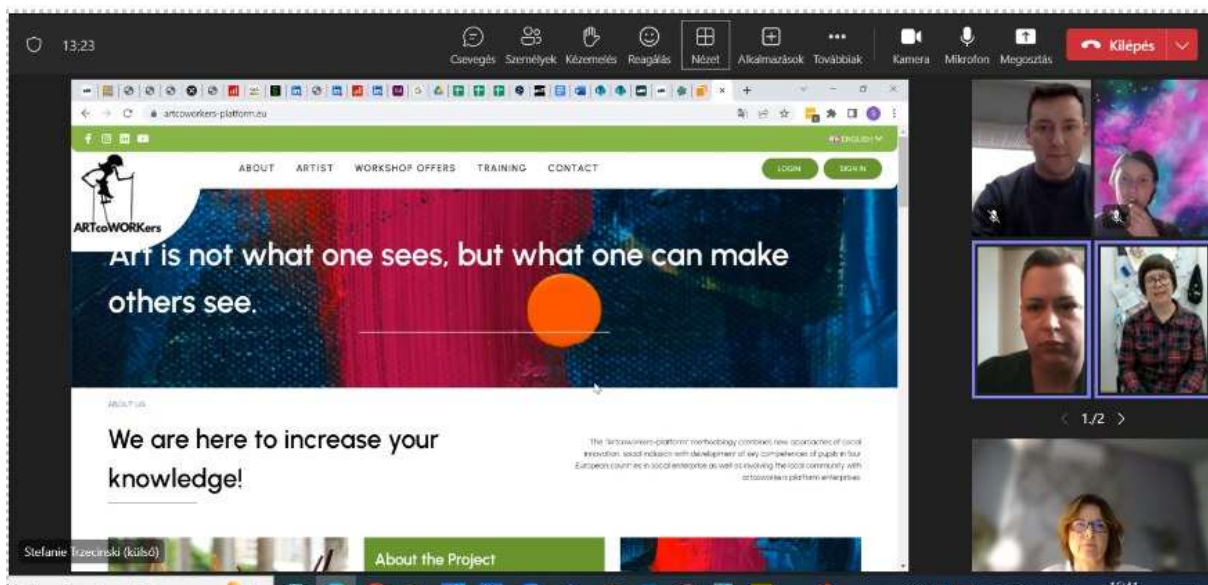
We feel that the Platform can be one of the most important outputs of this project, so these are very important issues!

👉 To make sure there are more than just questions, today's attendees will test the Platform for the next time based on Stefanie's guidance.

In addition, for the next time - which will be the last - we will tell each other about the shadow play and the pilot training of our own country.

And, of course, we will summarize what has happened so far, and we will talk about the five-day training in Pécs.

Our last, perhaps most exciting, meeting will be on 24. February at 4 p.m. See you!



Our topic is now to improve the sustainability of the ARTcoWORKers project.

🏠 We, the project partners, feel this is very important, because we always work on projects that will be useful for many people in the future.

1 First please gather thoughts, even examples of joint business opportunities between the two target groups.



2 Then let's talk about the possibility of building an international cooperative network.

Stefanie Trzeciński please tell us a bit about the Platform.

And what ideas do others have for this current collaboration to remain and even expand?

**10.02.2023**

That's what we were today 😊😊

Thanks for being together, we touched on interesting and important topics:

- good examples of cooperation between people with disabilities and artists,
- words and names about the disabled,
- the difficulties and opportunities of empowering...

Tell you now in the comments which is the most important thought you "took home" today!

I was very touched by Neil's sentence about the name "handycapable". And Paul's idea that empowering requires sensitizing disabled people to the "outside", "real" world.



Our topics:

- 📌 our specific experiences of cooperation between people with disabilities and artists.
- 📌 empowering, self-interest enforcement opportunities.

**04.02.2023**

Just at this moment we pressed the Teams meeting "End" button after our first virtual meeting! 📞

We came together from Germany, the Netherlands, Hungary and Macedonia to talk. We're going to meet virtually four times in total and have a good conversation.

We will have the following topics:

- collaborative experiences among people with disabilities and artists
- strengthening self-interest
- develop the sustainability of the ARTcoWORKers project: create joint business between the two target groups, and create an international cooperative network
- piloting our training modul, shadow theater plays and platform, good and weak points
- preparing for the 5-day blended mobility training in Pécs/Hungary in March.

Wow, that's right here

